COVID-19 Infection Guidance



The Health Education and Resources Institute (THEARI) shall implement the following measures for medical students, housing hosts, and those residing within host homes to ensure compliance with the above-mentioned entities and safety of THEARI housing program participants, until such time that recommended guidelines are amended:

- Student and host will discuss mask-wearing preferences and requirements.
- If students, hosts, or anyone residing in the home become ill with known symptoms associated with COVID-19 (chills, cough, fever (100.4° F or greater), headache, loss of taste or smell, muscle pain, shortness of breath, or sore throat), students shall leave the host home without unreasonable delay, return to their primary residence for recovery, and notify the THEARI Housing Coordinator and University Academic Liaison within 24 hours
- Students may return to the host home when:
 - Hosts or anyone residing within the home are compliant with all following guidance.
 - The host approves of the student's return.
 - Having received a negative COVID-19 test and is free of fever without the use of fever-reducing agents for 24-hours.
 - O Having received a positive COVID-19 test and are free of fever (100.4° F or greater) for 72 hours without the use of fever-reducing or other symptom-altering medicines (e.g. cough suppressants), other symptoms have improved, and at least ten (10) calendar days (14 calendar days for immunosuppressed) have passed since symptoms first appeared.
 - Having not received a positive COVID-19 test and are free of fever (100.4° F or greater), for 72 hours without the use of fever-reducing or other symptom-altering medicines (e.g. cough suppressants), other symptoms have improved, and at least ten (10) calendar days (14 calendar days for immunosuppressed) have passed since symptoms first appeared.
- Upon housing rotation completion, students and hosts should clean the assigned bedroom space in accordance
 with CDC recommendations (found <u>HERE</u>) using available EPA-approved cleaning agents. THEARI is not
 responsible, nor liable, for cleaning outcomes resulting from student and host efforts.

THEARI will communicate with hosts, students, and schools with any updates to this guidance. Any questions or concerns regarding this guidance can be addressed to Mitch Fittro, Education and Workforce Manager, by email at mitch@centralcoTHEARI.org.

Resources

CDC: What to Do If You Are Sick / Symptoms
CDC: Prevent Getting Sick
Colorado Safer at Home Order